

Acupuncture Services

Holistic Services at the White Plains Hospital (WPH)

Center for Cancer Care We recognize that attention to all aspects of being – mind, body, and spirit – is essential to health and wellness. Our Holistic Care Program provides evidence-based holistic modalities which complement conventional medical care. Delivered by licensed health care professionals with advanced education and training in complementary and integrative health, our innovative model of care improves quality of life, manages symptoms, helps individuals cope with illness and actively participate in their health and healing.

Acupuncture Services Acupuncture promotes natural healing by enhancing recuperative power and immunity, supporting physical and emotional health, and improving overall function and well-being. At the core of the practice of acupuncture is the focus on Qi (pronounced “chee”), or vital energy, flowing throughout the body. Qi animates the body and protects it from illness, pain and disease. A person’s health is influenced by the quality, quantity and balance of Qi, and acupuncturists work to bring Qi into balance.

Benefits of Acupuncture may include:

- Treatment of back pain, neck pain and other musculoskeletal discomfort
- Control of nausea and other digestive issues
- Relief of migraine headaches
- Promotion of emotional well-being
- Improved sleep
- Stimulation of the body’s natural healing capacity

What to Expect Following an initial interview with the patient, an individualized treatment plan will be developed. The duration of the patient’s plan will be decided based upon medical necessity. Treatment will begin with an acupuncturist placing fine, sterile needles at specific acupoints. This safe and painless insertion of needles can unblock obstruction and



help balance Qi. Once this is done, Qi can more freely circulate throughout the body, providing adequate nourishment to cells, organs, glands, tissues and muscles. This can help address pain and restore balance and harmony, as well as address a range of health issues such as nausea, fatigue, depression, and anxiety. Acupuncture services are provided in the holistic rooms, designed for relaxation and comfort, on the first floor of the WPH Center for Cancer Care.

Fees Select insurances are accepted for acupuncture services. For these insurances, with an authorization for acupuncture benefits, we will bill your insurance directly. If your insurance is not accepted, or you do not have acupuncture benefits, payment in full is expected on the date of service. You will be given a receipt that you can submit to your insurance company, medical savings, or other wellness account.



FOR MORE INFORMATION OR TO SCHEDULE AN APPOINTMENT

Please call our holistic scheduling office at **914-849-7653** to learn more. Appointments can be scheduled Tuesdays and Thursdays, 8:00 a.m. to 12:00 p.m.

Dr. Eugenio Jimenez De Castro received a Bachelor of Professional Studies and a Master of Science in Acupuncture degrees from Pacific College of Oriental Medicine in New York, where he was also employed as a faculty member for the Superior Western Medical Sciences. Dr. Jimenez De Castro completed The International Acupuncture Course for Physicians from Harvard Medical School. He is certified by the National Certification Commission for Acupuncture and Oriental Medicine (NCCAOM) and licensed in New York State as an Acupuncturist and as a Specialist Assistant in Orthopedics.